

Charlton Public Library Newsletter



Special Hours

Closed on Monday, September 1 for Labor Day.
Saturday hours resume on Saturday, September 6.
The Library will have a delayed opening on Wednesday, Sept. 17. We will be open from 1-5 pm.

Friends of the Library

The next Friends meeting is September 9 at 3:30 pm in the Community Room at the Library.

The Friends invite you to stop by our table at the annual Old Home Day celebration on Sunday, August 31. We'll be located near the gazebo on the Town Common. Come browse our book selection, talk to a member, and consider joining the organization!

Where are the programs for kids and teens?

We're trying something new and we're sending out two newsletters: this one which covers our adult programs and another one which covers our youth programs. If you'd like to change which ones you receive send us an email at charltonlibrary@cwmares.org letting us know which ones you'd like to add or drop and we'll make sure that you're getting the news you want!

Front Lobby Art Exhibit

This month our art gallery features the work of Irena Russell.

Interested in exhibiting? Please email cpldirector@cwmares.org

Upcoming Programs for Adults

Drop-In Needle Felting
Wednesday, September 3 at 10 am
Tuesday, September 9 at 6 pm

This time is just for you to drop-in and work on your projects! There will be needles, wool, and pads for use but no formal instruction or project planned. Feel free to bring a project you've already started or use our supplies to bring your ideas to life.

This program is for adults 18 and over due to the nature of the materials being used.



Craft Supply Swap Saturday, September 6 from 10 am - 2 pm in Dexter Hall



Our very popular Craft Supply Swap will be back on Saturday, September 6!

From August 25 through September 5 we will be collecting arts and crafts materials only (fabrics, yarn, paper, patterns, tools, beads, etc.) We will NOT accept office supply donations (binders, file organizers, etc.) Items must be able to be reused (new or gently used, not expired.) When in doubt, use the best friend rule – would I give this to my best friend? We cannot accept opened liquids such as paints, chemicals and glue.

Drop in anytime between 10 am and 2 pm and take what you need for FREE!

This is great for new and experienced crafters, anyone who wants to try a new craft, or teachers that need supplies! Bring your own bags!

Stamped from the Beginning Book Discussions

We're happy to announce that the Charlton Public Library is a Great Reads MA 2025 participating partner! This year's featured book is *Stamped from the Beginning: A Graphic History of Racist Ideas in America* by Ibram X. Kendi, adapted and illustrated by Joel Christian Gill.

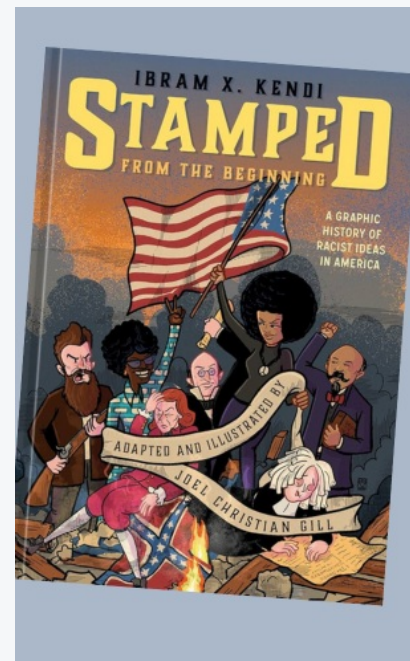
Discuss Parts 1 and 2 on:
Thursday, Sept. 4 at 6 pm in Dexter Hall
Monday, Sept. 8 at 2 pm in the Community Room

Discuss Parts 3, 4, and 5 on:
Friday, Sept. 12 at 10:30 am in Dexter Hall
Tuesday, Sept. 23 at 6 pm in Dexter Hall

Discuss Parts 1-5
Tuesday, Sept. 16 at 10:30 am in the Community Room

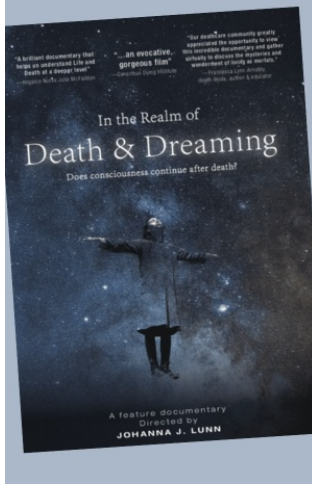
We will have a virtual discussion with Joel Christian Gill on
Thursday, Sept. 25 at 6 pm.

Copies of the book are available to check out at the main circulation desk.



Film Screening: In the Realm of Death and Dreaming

**Thursday, September 11 at 2 pm
in Dexter Hall**



This afternoon we'll be screening the film *In the Realm of Death & Dreaming: Does consciousness continue after death?*

A lot of study has been and continues to be done around the question, does consciousness continue after death. There is no definitive proof that consciousness ends at death and no definitive proof that it continues after death. So it remains a mystery. This allows us all to wade around this territory and the film helps us to explore what it might mean to us?
This program will run 90 minutes.

The film runs 51 minutes.

The remaining time will be used to allow opportunity for those who might have a desire to share their thoughts and feelings about what this information means to them.

There will be a facilitated discussion in the hope that the film will raise questions for you so that you might discuss them with your medical team and your loved ones in order for everyone to know what you want when the time comes.

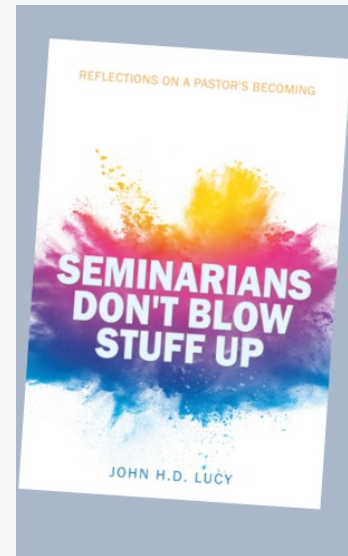
Registration is appreciated but not required.

[Click here for more info and to register](#)

**Book Talk with Rev. John H.D. Lucy
Tuesday, September 16 at 6:30 pm
in the Community Meeting Room**

Join us as local author and pastor of Charlton City United Methodist Church, Rev. John H.D. Lucy, discusses the release of his third book. Come explore how we can live more peacefully in community—whether or not we attend church. Registration is appreciated but not required.

[Register](#)



**Gentle Flow Yoga
Saturday, September 20 at 10 am
in Dexter Hall**



Breathe, stretch, and unwind in this relaxing 60-minute yoga class. Perfect for beginners and experienced yogis alike, this class will blend gentle, mindful movement with calming breathwork and end in a deeply restful savasana.

Bring a mat, water bottle and any props. (Some blocks and knee pads available). Led by Erin Anderson – RYT-200 yoga instructor and SEL facilitator.

Registration is required. This program is for adult and teens ages 13 and up.

[Register](#)

Mandala Craft
Tuesday, September 23 at 6 pm
Wednesday, September 24 at 10:30 am

Join us to paint mandalas. We'll warm up by practicing on paper and then make beautiful patterns on stones. For adults and teens ages 13 and up, registration is required.

The same program is offered at two different times to accomodate more folks and varying schedules; the craft is identical each time.

[Register](#)



10 Minute Playwriting Series
September 24, October 1, 8, 15, 22

Have you thought about writing a play but didn't know where to start? Join us for this 5 week class with local playwright Bruce Menin and write your own 10 minute play!

Registration is required. This is a 5 week class series, by registering you are committing to all 5 sessions.

[Register](#)

Get Enough Protein! A plant based talk
Thursday, September 25 at 6 pm
in Dexter Hall

"But where do you get your protein?" If you've asked this—or been asked—you're not alone. In this down-to-earth talk, Jill Ahlstrand shares what she's learned about protein on a plant-based diet, including how much you need, where to find it, and how to keep meals satisfying. Perfect for the plant-curious and seasoned veggie lovers alike.

Jill is a plant-based coach and the founder of Harvesting Flavor, a platform dedicated to helping people eat more plants, grow some of their own food, and feel great doing it. Registration is appreciated but not required.

[Register](#)



Pet First Aid
Tuesday, September 30 at 6 pm
In the Community Meeting Room

When every second counts, would you know how to help your pet? Join us at Charlton Library as we will discuss how to respond to common emergencies like injuries, bloat, poisoning, and seizures. You'll also learn about safe transport techniques and when to seek veterinary care. Gain the confidence and skills to act fast and potentially save your pet's life.



Lead by Pro Pet Hero Cat & Dog First Aid And CPR Certified
Instructor Wendi Hall

Drop-In Tech Help

Do you have a few quick questions about technology? Would you like to learn how to use apps like Libby or Kanopy? Drop in and speak with Charlton Library's Digital Skill Instructor and get the dedicated support you need. If you will need more than 15 minutes of tech help, please make a one-on-one appointment in person at the library, online, or by calling 508-248-0452.

One-on-One Tech Help

Do you have a more complicated question than we can cover during Drop-in Tech Help? Would you like to learn some basic email or internet skills? Make a one-on-one appointment with the Charlton Library's Digital Skills Instructor and get 30 minutes of dedicated support. Please make a one-on-one appointment in person at the library, online, or by calling 508-248-0452.

We cannot assist with:

- Setting up a new device
- Fixing/Restoring/Repairing a broken or infected device, app, or email account
- Entering sensitive information for you (e.g. credit card information, social security number, online banking, etc.)
- Keyboarding, typing, or proofreading documents
- Cannot provide medical, legal, and business advice or opinions

Introduction to Technology Series

Each course will be held twice for increased availability.

This series was funded by the Massachusetts Broadband Institute at the MassTech Collaborative under the Municipal Digital Equity Implementation Program. Funding was provided by Massachusetts ARPA State Fiscal Recovery Funds.

Intro to Internet Basics - Local History Room - Registration Required

Saturday, September 6 from 1:30-2:30 pm

Tuesday, September 16 from 6:00-7:00 pm

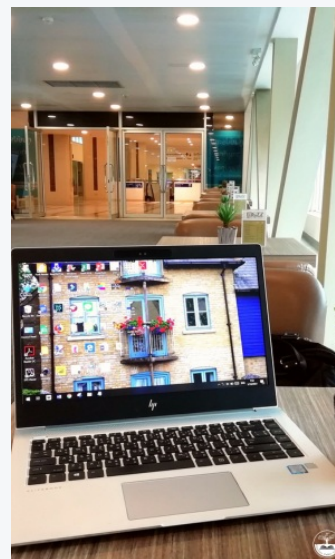
Learn the essentials of navigating the online world with this beginner-friendly Internet basics course. You'll explore how to safely browse the web, use search engines effectively, and understand key online tools and services. Whether you're brand new to the internet or want to build a stronger digital foundation, this course will give you the confidence and skills to connect, communicate, and find information with ease.

Intro to Google Docs - Local History Room - Registration Required

Saturday, September 13 from 1:30-2:30 pm

Tuesday, September 23 from 6:00-7:00 pm

Join this hands-on Google Docs course designed to help you confidently create, edit, and share documents like a pro. Whether you're new to the platform or looking to sharpen your skills, you'll learn essential features such as formatting text, inserting images and tables, collaborating in real time, and organizing your work efficiently. Perfect



Visit our
calendar for
dates and
times

for students, professionals, or anyone wanting to boost productivity, this course will give you practical tips and tricks to make the most of Google Docs' powerful tools.

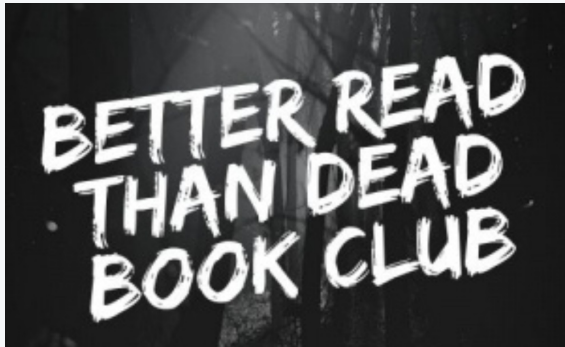
Intro to Google Sheets - Local History Room- Registration Required

Saturday, September 20 from 1:30-2:30 pm

Tuesday, September 30 from 6:00-7:00 pm

Discover the power of Google Sheets in this interactive course that takes you from basic spreadsheets to efficient data management. You'll learn how to enter and organize data, use formulas and functions, create charts, and collaborate with others in real time. Whether you're tracking budgets, analyzing information, or streamlining workflows, this course will equip you with the skills and confidence to make the most of Google Sheets' versatile features.

Library Book Groups



Better Read Than Dead Book Club *The Berman Murders* by Doug Kari

Wednesday, September 3 at 11 am
in the Sibley Reading Area

A True Crime monthly meetup!
Books available for checkout at the circulation
desk prior to discussion.

[Read More](#)



CPL Book Group

Lula Dean's Little Library of Banned Books
by Kirsten Miller

Thursday, September 11 from 6:00-7:00 pm
in the Community Room

Books are available for checkout at the adult
circulation desk one month prior to discussion.

[Read More](#)

Clubs & Meetups



Threaded Together Fiber Arts Group
Thursdays @ 1:00-3:00 PM | Sibley Reading Area

Genealogy Group

Alzheimer's Caregiver Support Group

Thursday, September 18 @ 6:00-7:30 PM | Community Meeting Room

Death Café

Thursday, September 18 @ 6:00-7:30 PM | Dexter Hall

SARJ (Saturday Acoustic Roots Jam)

Saturday, September 20 @ noon-1:30 PM | Community Meeting Room

CULE (Charlton Ukulele League & Ensemble)

Thursday, September 25 from 6:00-8:00 PM | Community Meeting Room

Critical Thinking Discussion Group

Friday, September 26 @ 1:00-2:00 PM | Sibley Reading Area

Visit our [Event Calendar](#) for more information on all our Adult programs.



**September Movie Matinees
Tuesdays at 1 pm**

September 2

The Phoenician Scheme

Wealthy businessman Zsa-zsa Korda appoints his only daughter, a nun, as sole heir to his estate. As Korda embarks on a new enterprise, they soon become the target of scheming tycoons, foreign terrorists and determined assassins. 2025 Rated PG-13. 101 minutes. Starring Benicio Del Toro, Mia Threapleton, and Michael Cera.

September 9

How to Train Your Dragon

On the rugged isle of Berk, where Vikings and dragons have been bitter enemies for generations, Hiccup stands apart. The inventive yet overlooked son of Chief Stoick the Vast Hiccup defies centuries of tradition when he befriends Toothless, a feared Night Fury dragon. Their unlikely bond reveals the true nature of dragons, challenging the very foundations of Viking society. 2025. Rated PG. 125 minutes. Featuring Mason Thames, Nico Parker, Gerard Butler, and Nick Frost

September 16

Karate Kid: Legends

KARATE KID: LEGENDS. After a family tragedy, kung fu prodigy Li Fong is uprooted from his home in Beijing and forced to move to New York City with his mother. Li struggles to let go of his past as he tries to fit in with his new classmates, and although he doesn't want to fight, trouble seems to find him everywhere. When a new friend needs his help, Li enters a karate competition – but his skills alone aren't enough. Li's kung fu teacher Mr. Han enlists original Karate Kid Daniel LaRusso for help, and Li learns a new way to fight, merging their two styles into one for the ultimate martial arts showdown. 2025. Rated PG. 118 minutes. Starring Jackie Chan, Ben Wong, Ralph Macchino, and Joshua Jackson

September 23

Cesar Chavez

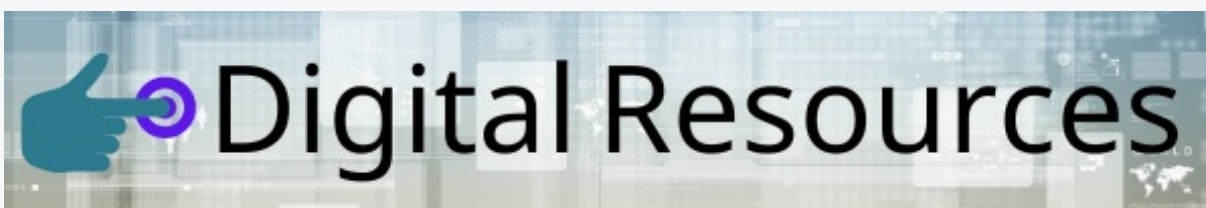
Celebrate Hispanic Heritage History Month with a film based on a true story. This biopic follows civil-rights activist Cesar Chavez as he attempts to balance his fight against social injustice with his duties as a husband and father. 2014. Rated PG-13. 101 minutes. Featuring Michael Pena, America Ferrera, Rosario Dawson and John Malkovich.

September 30

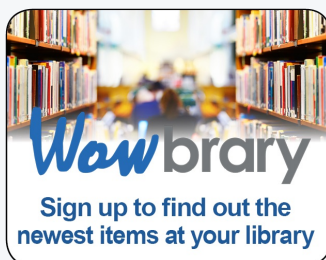
McFarland, USA

Celebrate Hispanic Heritage History Month with a film based on a true story. Inspired by the 1987 true story, "McFarland, USA" follows novice runners from McFarland, an economically challenged town in California's farm-rich Central Valley, as they give their all to build a cross-country team under the direction of Coach Jim White, a newcomer to their predominantly Latino high school. Soon something beyond their physical gifts becomes apparent—the power of family relationships, their unwavering commitment to one another and their incredible work ethic. 2015. Rated PG. 129 minutes. Starring Kevin Costner, Maria Bello, and Morgan Saylor.

No registration required. Free freshly-popped popcorn!



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