

Charlton Public Library Newsletter



Friends of the Charlton Library

Coming this May – **Books & Blooms**, a collaborative event involving the Friends of the Library and the Charlton Garden Club on May 6, 7, and 8. Come view lovely floral arrangements with a book-related theme. Additionally, stop by the Friends **Book Sale** on Saturday, May 9. Members in good standing have early, exclusive access on May 8 from noon to 4:30 pm. Thanks!

Our next meeting takes place on May 12 at 3:30 pm in the Community Room.
We invite you to drop in and meet the group. All are welcome!

May Art Exhibit

Our Community Room art gallery features the works of **All the Possibilities Homeschool Cooperative** this month. Visit the Community Room during regular Library hours all month long to visit the exhibit.

Join us for a reception on Tuesday, May 26 from 6-7:30 pm to view the art, meet the artists, and enjoy some light refreshments. Everyone is welcome, no registration is required.

Interested in exhibiting in either our Front Lobby or our new Community Room Art Gallery? Get all the details on the library website here: <https://charltonlibrary.org/art-exhibits-at-the-charlton-library/>

Where are the programs for kids and teens?

We have so much going on that we're sending out two newsletters each month: this one which covers our adult programs and another one which covers our youth programs. If you'd like to change which ones you receive send us an email at charltonlibrary@cwmar.org letting us know which ones you'd like to add or drop and we'll make sure that you're getting the news you want!

Upcoming Programs for Adults

Play Games
in the Community Meeting Room

Monday, May 4 from 12:30 - 2 pm

Today we'll play a variety of party games together! Come have fun with us!

Monday, May 11 from 12:30 - 2 pm

This afternoon we're playing cribbage! We've got a few boards and decks of cards and we can't wait to play with you! Beginner and experienced cribbage players are welcome.

Monday, May 18 from 12:30 - 2 pm

Join us for a fun afternoon playing Scrabble! We have boards (and dictionaries) ready and waiting for you to play with us!

Play Games is presented in partnership with the Golden Age Club of Charlton. No registration is required for these programs.

Adult Craft: DIY Bath Products

Tuesday, May 12 at 6 pm and Wednesday, May 13 at 11 am

In this month's adult craft everyone will get their hands dirty making their own bath products! We'll talk about how and why it's inexpensive and easy to make your own products. Everyone will leave with their own sugar scrub and bath bomb! For adults and teens ages 13 and up. Each session is identical so that we can accommodate more participants, please register for only one session.

[Register for May 12 at 6 pm](#)

[Register for May 13 at 11 am](#)

**Ballroom Dancing with Bay Path Evening School
Tuesday, May 12 at 6 pm in Dexter Hall**

We're partnering with Bay Path Evening School to swing into summer in style! Join us in beautiful Dexter Hall for an enchanted evening of ballroom dancing. Everyone is welcome, come alone or bring a partner. No registration is required.

Gentle Flow Yoga

Saturday, May 16 at 10 am in Dexter Hall

Gentle Flow Yoga – All Levels Welcome! Breathe, stretch, and unwind in this relaxing 60-minute yoga class. Perfect for beginners and experienced yogis alike, this class will blend gentle, mindful movement with calming breathwork and end in a deeply restful savasana. Bring a mat, water bottle and any props. (Some blocks and knee pads available). Led by Erin Anderson – RYT-200 yoga instructor and SEL facilitator. Registration is required. This program is for adults and teens ages 13 and up.

[Register](#)

Dementia: The New Pandemic **Tuesday, May 19 at 6 pm in Dexter Hall**

Join Teri Frykenberg for her talk *Dementia: The New Pandemic*, a conversation our communities can't afford to avoid. Dementia is impacting more families than ever—often quietly, often without enough support or understanding. This talk is about awareness, advocacy, and most importantly, what we can actually do to better support our loved ones and one another.

Whether you're a caregiver, a family member, a healthcare professional, or someone who simply wants to be more informed, this is a space to learn, ask questions, and connect.

Teri Frykenberg (Dreher) is a nationally recognized leader in professional patient advocacy, an Amazon best-selling author, a patient safety expert, a newspaper columnist, and a sought-after public speaker. As a lifelong mentor, teacher, and champion for patients, Teri founded Nurse Advocate Entrepreneur to ensure everyone has access to a quality private advocate. She believes that at the heart of every good nurse, physician, and social worker is the spirit of advocacy—and that private patient advocates are uniquely equipped to meet the future of healthcare beyond the hospital's walls.

This event is sponsored by Dementia Friendly Charlton.

Digital Skills Instruction

Drop-in Tech Help

Local History Room - no registration required
Tuesdays, May 5, 12, 19, 26 from 4:30-5:30 pm
Saturdays, May 2, 9, 16 from 10 am - noon

Do you have a few quick questions about technology? Would you like to learn how to use apps like Libby or Kanopy? Drop in and speak with Charlton Library's Digital Skills Instructor and get the specific support you need. If you will need more than 15 minutes of tech help, please make a one-on-one appointment.

One-on-One Tech Help

Local History Room - registration required
Thursdays, May 7, 14, 28 at 4:30, 5:30, or 6:30 pm

Do you have a more complicated question than we can cover during Drop-in Tech Help? Would you like to learn some basic email or internet skills? Make a one-on-one appointment with the Charlton Library's Digital Skills Instructor and get up to 60 minutes of dedicated support.

Online Health Resources at a Glance

Friday, May 1 from 11:00 AM—12:00 PM Community Meeting Room, Registration required
Join us for a lecture presentation that will discuss online health resources. In today's digital world, the internet is a powerful tool for learning about health and wellness. This class will explain why and how participants might use online health resources to find accurate information and make informed decisions about their care and the care of loved ones. This is for people ages 60 and up. This Senior Planet from AARP class is being offered through the Senior Planet licensing program.

Intro to Google Keep

Saturday, May 2 from 1:30-2:30 pm- Local History Room, Registration required
Looking for an easy way to keep track of notes, lists, and reminders? This beginner-friendly class will introduce you to Google Keep, a simple tool for organizing ideas and everyday tasks. Learn how to create notes and checklists, set reminders, add labels, and use color-coding to keep everything

organized. Perfect for anyone who wants a quick and convenient way to capture thoughts, plan tasks, and stay organized across their devices.

Creating a Budget Tracker through Google Sheets

Tuesday, May 5 from 6:00-7:00 pm OR Saturday, May 9 from 1:30-2:30 pm- Local History Room, Registration required

Take control of your finances with this beginner-friendly workshop designed to help you build a fully functional budget tracker using Google Sheets. Whether you're new to spreadsheets or just starting your personal finance journey, this workshop will guide you step-by-step through creating a simple, organized, and customizable budgeting system. You'll learn how to set up income and expense categories, use basic formulas to automate calculations, and design a clean, easy-to-use layout. By the end of the course, you'll have your own personalized budget tracker that helps you monitor spending, identify savings opportunities, and make more informed financial decisions. No prior experience with spreadsheets is required—just a willingness to learn and a desire to better manage your money.

MyChart: An Introduction

Friday, May 8 from 12:30-1:30 pm- Community Meeting Room, Registration required

Join us for a lecture presentation that will discuss MyChart. This class will provide an introduction to MyChart (what it is and how it can be used) and its key features. This is for people ages 60 and up. This Senior Planet from AARP class is being offered through the Senior Planet licensing program.

Getting Started with Zoom

Monday, May 11 from 10:30-11:30 am - Community Meeting Room, Registration required

Are you curious about Zoom? We'll walk through the steps of signing up for a free Zoom account during this class for people ages 60 and up. This Senior Planet from AARP class is being offered through the Senior Planet licensing program.

iPhone Essentials: Control Center and Files

Tuesday, May 12 from 12:30-1:30 pm- Community Meeting Room, Registration required

This class covers essential features included in the iPhone and iPad. We learn to use tools such as a flashlight, timer, calculator, and alarm. We also explore the Files app, where we can scan documents and organize files.

Instagram 101: Snap, Share & Connect

Tuesday, May 12 from 6:00-7:00 pm OR Saturday, May 16 from 1:30-2:30 pm- Local History Room, Registration required

Curious about Instagram but not sure where to start? This hands-on workshop will guide you through the basics of using Instagram in a fun, supportive environment. You'll learn how to set up your profile, post photos and videos, explore content, and connect with friends, family, or your community. We'll also cover tips for privacy, safety, and making the most of features like Stories and Reels. Perfect for beginners or anyone looking to build confidence using Instagram!

Using the Reminders App on your Apple Device

Tuesday, May 19 from 6:00-7:00 pm OR Tuesday, May 26 from 6:00-7:00 pm- Local History Room, Registration required

Want an easier way to keep track of your to-do list, appointments, and daily tasks? In this beginner-friendly workshop, you'll learn how to use the Apple Reminders app on your iPhone or iPad to stay organized and on top of your schedule. We'll cover how to create lists, set reminders and alerts, use due dates, and even add notes or subtasks. Perfect for anyone looking to simplify their routine and boost productivity with tools you already have!

iPhone Essentials 2: Find My, Wallet, and Translate

Wednesday, May 20 from 12:30-1:30 pm Community Meeting Room, Registration required

This class covers a variety of tools and features built into the iPhone and iPad. We learn to share our locations with our friends and family, make safe, secure payments with our phones, and converse in

different languages using the Translate app.

Intro to Mobile Health Apps

Friday, May 22 from 11:00-12:00 pm Dexter Hall, Registration required

Join us for a lecture presentation that will provide an overview of mobile health apps. We will discuss the various benefits and considerations of health apps.

Finding Books and Building Your Digital Library

Thursday, May 28 from 12:30-1:30 pm Dexter Hall, Registration required

In this class, we learn to use the Books app on iPhone and iPad to find books and read them on our devices. We explore different titles, find free books, and make text easy to read on smaller screens.

Protecting Your Medical Information Online

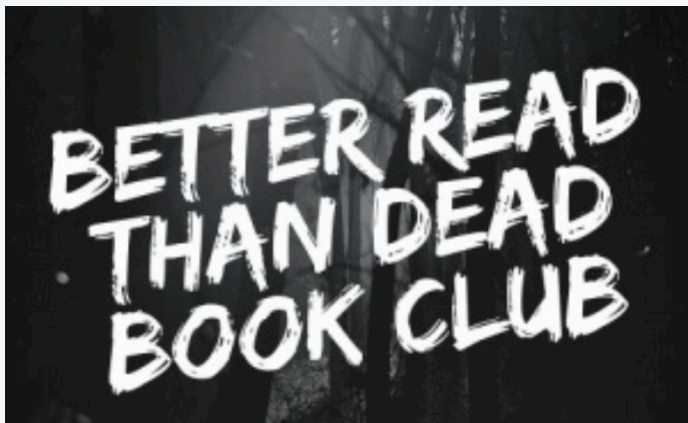
Friday, May 29 from 11:00-12:00 pm Community Meeting Room, Registration required

Join us for a lecture presentation that will provide an overview of how to make your various online medical/insurance accounts/portals more secure and private. This is for people ages 60 and up. This Senior Planet from AARP class is being offered through the Senior Planet licensing program.

This series was funded by the Massachusetts Broadband Institute at the MassTech Collaborative under the Municipal Digital Equity Implementation Program. Funding was provided by Massachusetts ARPA State Fiscal Recovery Funds.

[Visit our calendar for dates, times, and registration.](#)

Library Book Groups



Better Read Than Dead Book Club

Murder in the Dollhouse

by Rich Cohen

Wednesday, May 6 at 11 am
in the Local History Room

A True Crime monthly meetup!
Books available for checkout at the circulation desk prior to discussion.



CPL Book Group

Hiroshima

by John Hersey

Thursday, May 14 from 6:00-7:00 pm
in the Community Room

Books are available for checkout at the adult circulation desk one month prior to discussion.

[Read More](#)

[Read More](#)

**Book Group at the Charlton Senior Center
Wednesday, May 13 at 10:30 am**

The Senior Center Book Group meets at the Senior Center at 10:30 am on the second Wednesday of the month. Everyone is welcome! We will discuss *Dear Edward* by Ann Napolitano. Books are available to pick up at the Library one month prior to the discussion date.



Threaded Together Fiber Arts Group

Thursdays @ 1:00-3:00 PM | Local History Room

Genealogy Group

Thursday, May 7 at 6 PM | Community Meeting Room

Alzheimer's Caregiver Support Group

Thursday, May 21 @ 6:00-7:30 PM | Community Meeting Room

Death Café

Thursday, May 21 at 6:00 pm | Dexter Hall

SARJ (Saturday Acoustic Roots Jam)

Saturday, May 16 @ noon-1:30 PM | Community Meeting Room

CULE (Charlton Ukulele League & Ensemble)

Thursday, May 28 at 6 pm | Community Meeting Room

Critical Thinking Discussion Group

Friday, May 22 @ 1:00-2:00 PM | Community Meeting Room

Visit our [Event Calendar](#) for more information on all our Adult programs.



May Movie Matinees Tuesdays at 1 pm

May 5 in the Community Room

Hamnet

In late 16th-century England, Agnes, a healer sensitive to the world around her, builds a home with William, a local tutor and aspiring playwright. As their lives fracture, they are tested by distance, silence, and grief. 2025. Rated PG-13. 125 minutes.

Starring: Jessie Buckley, Paul Mescal, & Zac Wishart

May 12

The Namesake

A poignant saga of cultures clashing across generations as a Bengali family attempts to acclimate to life in the U.S. The American-born Gogol wants to fit in among his fellow New Yorkers despite his family's unwillingness to let go of their traditional ways. 2006. Rated PG-13. 122 minutes.

Featuring: Irrfan Khan, Kal Penn, Jagannath Guha, Tabu, & Ruma Guha Thakurta

May 19

Yellow Rose

In rural Texas, a Filipino teen longs to make her mark on the world of country music. When an unexpected opportunity comes her way, she must make a choice between upholding her family's traditions or leaving them all behind to pursue her lifelong aspiration. 2019. Rated PG-13. 94 minutes.

Cast: Eva Noblezada, Princess Punzalan, Dale Watson, Liam Booth, & Lea Salonga

May 26

Anaconda

A group of friends are going through a mid-life crisis. They decide to remake a favorite movie from their youth but encounter unexpected events when they enter the jungle. 2025. Rated PG-13. 98 minutes.

Starring: Jack Black, Paul Rudd, & Steve Zahn

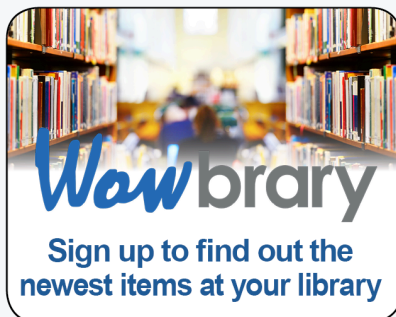
No registration required. Free freshly-popped popcorn!



Digital Resources



Sign up and never miss a book by your favorite author!



Get free weekly emails announcing our latest books, movies, music, and more!



Novelist Plus is the premiere database of reading recommendations.



Free access to over 500 classes with your Charlton Library card!



Free movie streaming with your Charlton Library card!



Over 1,400 instructional video classes; covering 20 different creative passions



Free access on a Charlton Library computer or using Library WiFi.



A streamlined App to download your favorite OverDrive books, audio books, magazines & more!



Watch beautiful classical music, operas, and ballets from around the world, anywhere, anytime.

[Visit Our Website](#)

Charlton Public Library
40 Main Street



Charlton, MA 01507
508-248-0452

See what's happening on our social sites



Charlton Public Library | 40 Main Street | Charlton, MA 01507 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!